

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One 23/11/20	ST TERESA'S PRIMARY NURSERY MENU A WEEK 1-4				
Week Two 30/11/20	Salmon Fishcake and chips Peas Date Krispie Apple juice Fresh Fruit	Homemade stew Flake meal biscuit Fudge Yoghurt Fresh fruit Apple juice	Beef burger in gravy Potatoes and Carrots Flakemeal Biscuit Chocolate Milkshake Fresh Fruit	Pasta Bolognaise Ciabatta bread Assorted Yoghurt Apple juice Fresh fruit	Chicken Goujons with Mashed potatoes Sweetcorn Tomato sauce Ice cream tub Apple juice Fresh Fruit
Week Three	Breaded white fish Mashed potatoes Broccoli Homemade shortbread Apple juice Fresh fruit	Oven Baked Sausages Garden Peas Chipped potatoes Assorted Yoghurt Strawberry Milkshake Fresh fruit	Crispy Chicken chunks Creamed potatoes Carrots Chocolate muffin Apple Juice Fresh Fruit	Roast Gammon Cabbage Mashed potatoes Strawberry yoghurt Fresh fruit Apple juice	Chicken in Gravy with Potatoes Sweetcorn Apple juice Strawberry Mousse
Week Four					

school food

try something new today

www.schoolfoodni.com

Bread, Fresh Fruit, Yoghurt, Milk and Water are available daily

If you require any additional information on allergens or Special diets please contact the school in the first instance

